

# Welcome to Penn State Rugby

If you are reading this brochure it probably means that you are interested in being part of the unique experience that is Penn State Rugby. Thank you for thinking of Penn State as an option for continuing your education and your rugby career.

Penn State Rugby is the most successful collegiate rugby program in the country, consistently fielding men and women's teams that compete for the National Championship. The men have played in **19 National Championship Play-offs in 20 years**. The women's team have a remarkable record of **13 National Championship games in the last 15 years**, winning **5 National Titles**.

The Penn State Rugby Teams gets as much University support as any rugby program in the country, including varsity programs. Penn State Rugby is not a club sport, it is a "Team Sport". This means that rugby is now in the Athletic Department and allows us access to many of the resources and facilities that our varsity programs enjoy.

Once again, thank you for your interest in The Pennsylvania State University and Penn State Rugby. We look forward to the opportunity to meet you in person and show you what we have to offer a talented student-athlete like yourself.

## Penn State Rugby's Vision

**"To become the premier rugby University in the United States, producing National Champion caliber teams and providing support, networks and opportunities that will develop successful students into the leaders of tomorrow"**



Fill out our recruiting form at:

[www.psurugby.org](http://www.psurugby.org)

and click on the **Recruits link**

### PSU Men's Team

<http://www.clubs.psu.edu/up/mensrugby/>

### PSU Women's Team

<http://www.clubs.psu.edu/up/womensrugby/>

### PSU Summer Academy and Winter Clinics

<http://www.psurugby.org>

**We want to use this opportunity to extend a personal invitation for you to contact us if you have any questions, or would be interested in setting up a recruiting visit.**

### Team Sports Manager:

**Dayna Wenger.....dmh136@psu.edu**

**Director of Rugby/ Head Coach PSU Men:**

**Don Ferrell.....daf4@psu.edu**

**Assistant Director of Rugby:**

**Peter Baggetta.....pzb11@psu.edu**

**Head Coach PSU Women:**

**Peter Steinberg.....pete@psurugby.org**

# PENN STATE RUGBY

Building Champions—Shaping Futures



**Fifteen**



**As One**

## Tradition of Excellence

- Five National Championships
- 26 Final Four Appearances
- More than 80 Collegiate All Americans
- 16 USA Eagles
- Only program to consistently place both their Men's and Women's team in the Final Four

## Why Penn State Rugby?

- Fulltime and part-time professional coaching staff guaranteeing a quality program for years to come.
- Athletic trainers at all rugby events, and access to PSU medical staff for evaluation, treatment, and rehab. Includes baseline concussion testing.
- Coverage under PSU's Athletics Health Insurance plan.
- Rugby Academic Support Program
- Access to Penn State's World Class Facilities:
  - Lighted Grass and Field Turf Pitches
  - Full pitch under roof for winter training
  - Varsity weight room access with trainers
- Teams travel by bus or plane when appropriate.
- Spring Break overseas rugby trips.
- Support for All-Star and National team play. Penn State Rugby will help you offset any costs that you may incur while participating in elite play.
- Full University support while you are in college
- Support of the Penn State Rugby Alumni Club and it's 1500 members once you graduate.
- Mentoring, internships and jobs available through the Rugby Alumni Network



## PSU at a Glance

Location.....University Park, Pa.  
Founded.....1855  
Enrollment.....43,998  
Colors.....Blue and White  
Nickname.....Nittany Lions

- The student body represents 50 states and 130 countries.
- 22% of first year students are out of state
- Average student/faculty ration 17:1
- 46% women, 54% men

## Applying to Penn State

- Penn State Rugby can help you in your application to University Park. Please contact us by using the Prospective Student Recruiting Form found at <http://www.psurugby.org>
- The PSU application process is done online at <http://admissions.psu.edu/>
- For the best chance of acceptance, first year students should complete their application by:
  - November 1st for Spring admission
  - November 30th for Fall and Summer
- We recommend you start in the Summer, and checking that you are willing to do so increases your chances of acceptance.
- Admissions decisions are based on a variety of factors. The most important of which is your high school GPA (app. 2/3 of the decision):
- GPA middle 50% range for UP - 3.46 to 3.87  
SAT middle 50% range for UP - 1740-1980  
ACT middle 50% range for UP - 26 to 30